



SOUTH PLAINS COLLEGE *Culinary Arts Department*

## **CHEF 2331**

## **Advanced Food Preparation**

Course Description: Advanced concepts of food preparation and presentation techniques. Reinforces and advances techniques, terminology and course material covered in Chef 2301 and Chef 1301.

- Practice and demonstrate a variety of specialized cooking techniques that challenge current abilities
- Demonstrate special presentation techniques needed for a variety of foods both in a banquet/buffet presentation and in individual plate presentations
- Define, demonstrate and evaluate for quality various cooking techniques and processes including, sautéing, pan frying, deep frying, shallow poaching, simmering, grilling, broiling, roasting, baking and combination cooking methods.
- Prepare and present a variety of breakfast, lunch, dinner and appetizer items in both a buffet/banquet and in individual plate presentations
- Identify, prepare and present a variety of fruits, vegetables, legumes, grains and starches
- Demonstrate proper knife skills and techniques
- Demonstrate competency in preparing 5 mother sauces, stocks and consommé
- Demonstrate proficiency in professional standards in food preparation, handling and storage
- Demonstrate proficiency in proper recipe preparation including sanitation, organization and time management skills

### FOUNDATION SKILLS

1. Thinking-creative
2. Thinking- seeing things in the Mind's eye
3. Thinking-decision making
4. Thinking-knowing how to learn
5. Personal qualities- responsibility

### WORKPLACE COMPETENCIES

1. Information- Acquires & evaluates
2. Technology-Selects technology
3. Systems- understands systems
4. Technology-applies technology to task

**Instructor:**

Chef Patrick Ramsey, C.E.C.

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Phone: (806) 716-2584

Office Hours: Scheduled by appointment or check office door for schedule of hours.

**ADA STATEMENT:** Students with disabilities, including but not limited to physical, psychiatric, or learning disabilities, who wish to request accommodations in this class should notify the Disability Services Office early in the semester so that the appropriate arrangements may be made. In accordance with federal law, a student requesting accommodations must provide acceptable documentation of his/her disability to the Disability Services Office. For more information, call or visit the Disability Services Office at the Lubbock Center, the Levelland Student Health & Wellness Center 806-716-2577, Reese Center Building 8: 806-716-4675, Plainview Center Main Office: 806-716-4302 or 806-296-9611, or the Health and Wellness main number at 806-716-2529.

- **South Plains College Culinary Arts Alcohol Use Policy: South Plains College Culinary Arts program uses various liquors, liqueurs, wines and beers as recipe ingredients within the culinary curriculum. Alcohol is secured in the culinary facility and only accessible by culinary faculty. Alcohol may only be used if a recipe requires liquor/liqueur/wine/beer as an ingredient. Consumption of alcohol by students is strictly prohibited. Alcohol is only to be handled by instructors; no exceptions. Violations will be considered a “Student Code of Conduct” violation and will result in strict disciplinary action, including referrals to the Executive Director of Lubbock Center, Dean of Students, and Campus Police.**

**Grading Policy:**

1. There will be **no** Make-up on Homework Assignments or Exams.
2. Homework Assignments will be assigned online through **Blackboard MyCulinary Lab** throughout the semester. Please go to Blackboard and register your username first. If you’ve already bought an access code, you may register with the access without payment. If you do not have an access code, you will be asked to pay before you can access to the online assignments.
3. Individual effort must be demonstrated on all exams. Also considered inappropriate is the use of, in any fashion, a solution manual of any kind. It is the aim of the faculty of South Plains College to foster a spirit of complete honesty and a high standard of integrity. The attempt of students to present as their own any work that they have not honestly performed is regarded by the faculty and administration as a serious offense and renders the offenders liable to serious consequences, possibly suspension. **Academic Dishonesty:** “At minimum, the first instance of academic dishonesty will be submitted to Student Judicial Services and the student will receive a zero for the assignment. The second instance of academic dishonesty will be submitted to Student Judicial Services and the student will receive an F in the course and be expelled from the program”.
4. Class attendance and attention will be crucial to the student’s successful completion of this course. Attendance will be taken, you are allowed ONE excused absences throughout the

semester, but are expected to complete all assignments by the due date. IF STUDENTS ARE ABSENT ON LAB DAYS, THEIR DAILY GRADE WILL BE GREATLY AFFECTED AND THERE WILL BE NO MAKE UP LAB.

5. The grading scale is as follows:

90-100	A
80-89	B
70-79	C
60-69	D
Below 60	F

Assessment Methods for course learning goals:

QUIZZES:	20%
CLASS PARTICIPATION:	40 %
PRACTICAL EXAM	20%
PROJECTS/PORTFOLIOS	20%

#### QUIZZES and HOMEWORK:

There will be homework, quizzes both written and oral given throughout the semester. These will be announced and unannounced. Assignments and due dates will be discussed as needed.

#### CLASS PARTICIPATION:

Class participation is based on attendance, discussion and PARTICIPATION in the class. There will be no make up for class participation. Class attendance is required. If you miss more than 3 classes you must consult with me about your grade. The following standards will be factored into your daily/weekly grade.

- Clean uniform, proper uniform
- On-time, class ready
- Attentive/ active participation in class
- Proper hygiene
- Proper class set-up and clean up

**Attendance policy:** Due to COVID 19, SPC is more interested in students completing required skills rather than attendance

In order to be flexible, Technical Education will not have an official attendance policy for Spring 2021.

#### PRACTICAL EXAM:

There will be 1 practical exam given at the end of the semester.

Each student will be judged on the following criteria:

- Mise en place
- Recipe organization
- Method/ procedure planning
- Execution of tasks
- Timeliness of the execution
- Attractive plating and presentation
- Organization of workspace
- Proper sanitation in all aspects of the process
  - Failure to maintain proper sanitation during any part of the examination will be an automatic failure. No make-up test are allowed.

Food will be presented and judged by entire class. Each student will be required to present an evaluation sheet on each dish prepared. Final grades will be derived on a percentage basis from those evaluations. Each student is required to turn in an evaluation/ critique of his or her own presentation.

#### PORTFOLIO INSTRUCTIONS:

Comprehensive notebooks are kept throughout the semester. Pictures of finished recipes, notes and recipes must be included. After each dish is photographed, each student will critique his/her own dish, as well as, the rest of the class's dishes. Critique sheets will be given and must be included in portfolio.

- All class notes must be included. All notes must be original and handwritten by the student. Copying notes is considered plagiarism, and this could lead to your expulsion from SPC.
- Portfolios will be turned during Final Week- date to be determined. NO late notebooks will be accepted. Failure to turn in a notebook will result in a zero grade, which accounts for 20% of your total grade.

PORTFOLIO is to include

- Title Page- your name-class name, class section
- All class notes
- All recipes and pictures (clean) –no food stained pages or pictures will be accepted.
  - Picture should be behind recipes
- All class handouts, including notes given on blackboard

- All quizzes and tests
- All homework in appropriate chapter of study
- All sections/ chapter of study must be separated and labeled in a 3 ring binder.

Portfolios will be graded on the following criteria:

- Cleanliness of presentation
- Attention to detail of presentation
- Organizations of portfolios
- Completeness of portfolio
  - All required items must be contained in the portfolio
  - Any missing parts will deduct from your total grade heavily.
    - Any part missing is a 5% deduction in total grade.
  - \* missed class doesn't excuse you from the notebook assignments
    - You may borrow someone's notes to create your OWN NOTES for that day
    - If there was a quiz given on the day of your absence, you will be required to take the quiz, but the score will be a 0. Failure to take or include the quiz or notes in portfolio results in a deduction from grade.

#### LAB CLEAN-UP

All students are expected and required to participate in class/ lab clean up. You are responsible for your tools, dishes and area during the class. Once you have been graded you are required to help clean up the lab and facilities and any utensils or equipment used.

- FAILURE TO PARTICIPATE ACTIVELY IN CLEAN-UP WILL RESULT IN A 0 FOR THE DAILY GRADE
- All dishes/pots/pans/ bowls/ utensils will be properly washed, sanitized dried and stored properly
- All equipment will be cleaned, sanitized before departure
- Floors will be THOROUGHLY swept, trash bagged and disposed of outside, and tables cleaned and sanitized BEFORE a MOPPING. Mopping is the final class activity before dismissal. Role will be taken again before dismissal. Absence will be recorded as 0 daily grade

#### **LAB / CLASSROOM RULES:**

- No jewelry. A wedding band and small stud earrings are the only acceptable exceptions
  - You will be asked 1 time to remove improper attire. Failure to comply may result in the instructor asking you to politely leave the class. You will receive a 0 for the daily grade.
  - Habitual violations, more than 2, will result in a conference that will be recorded in for daily grade
- All facial hair must be neatly trimmed, no long beards. If you choose to keep your beard, a facial hair net will be required.
- All students must have hair restrained. No hair hanging from the front or back of hat. If your hair will not fit completely in the hat, then a hair net will be required at all times.
- Student will be in complete uniform at all times. This includes top button closed on the chef coats while in the kitchen. Uniforms will be inspected daily for cleanliness. If your jacket is spotted ruined or otherwise discolored you will be required to purchase a new jacket at your expense.

- NO FAKE, LONG OR PAINTED FINGERNAILS.
- Non-slip, oil resistant shoes only, with socks- no exception.
- Personal hygiene is a must. If your professional appearance, dress or body odor is offensive, you will be asked to correct the issue. Failure to comply will result in a zero for everyday the offense occurs, more than 3 requests will require a conference.
- CELL PHONES ARE NOT ALLOWED IN CLASSROOMS OR LABS. Cell phones are privilege not a right. Cell phones must be stored in lockers. If you are expecting an emergency, you may place your cellphone in a plastic Ziploc bag, place the phone to vibrate and leave it on my desk for the class period. I will answer the phone, if it is an emergency, you will be excused to take the call. Any cellphones in the classroom will be a 0 score for the day.
  - This means no sitting in the classroom and texting/ talking or listening to music anytime during school hours. Cellphones may be used in the common areas of the school only.
- No outside food or drink is allowed in the classrooms at any time. This means no eating in classroom before, in between or after class periods. Food will be consumed in common area only. Food that is prepared during the class maybe eaten at the instructor's approval with proper utensils and sanitation. Snacking, nibbling or "tasting" during the production process of a recipe will result in a 0 grade for the day.
- No gum, lipstick, lip balm, hand lotions, colognes or perfumes are permitted
- NO "vaping" inside the SPC complex is allowed. All cigarette smoking and Vaping must occur 50 feet from any entrance to SPC. No chewing tobacco is allowed in the classroom ever.

These rules of proper sanitation are the rules most broken, and the ones most watched for now, both professionally and academically. Proper training creates proper habits. Safety and hygiene are not negotiable. These rules are enforced at the federal level, state level and private level every single day. They are unavoidable and necessary.

Before every class you will do the following;

- Ensure proper uniform before entering the lab
- Properly wash hands
- Set your station and gather required product for day's class
- Before roll call you will line-up at the front of the class for inspection of uniforms and hygiene

Any student not in compliance or not ready for class will receive 1 warning and be allowed to immediately correct the problem. If the problem cannot be immediately fixed, then the student will be politely dismissed from the class and receive a 0 for the day. More than 1 warning will require a conference. All written and verbal warnings, corrections will be documented in your file and will play an overall role in your final participation grade.

**Topics:** The list of selected topics may be modified during the course of the semester. The instructor will notify the class of any changes to the topic list.

### **Covid 19 Procedures**

If a positive student has attended class 3 days prior, please send DeEtte Edens the class roster including student emails, so DeEtte can notify students of a possible exposure.

- ***Consistent with the latest CDC recommendations, we have revised our guidance for students, faculty, and staff who have a known exposure or have tested***

**positive. Anyone with a known exposure should wear a mask for 10 days and should seek a COVID-19 test on day five after exposure. If you test positive or develop symptoms, you should immediately self-isolate and seek a COVID-19 test. Please immediately notify your instructor, supervisor, and DeEtte Edens, Associate Director of Health and Wellness, any time you test positive for COVID-19. Anyone who tests positive is required to self-isolate for five days. Following the five-day isolation period, if you are asymptomatic or your symptoms are resolving, you may return to work or class but should wear a mask for five additional days. If you are still symptomatic, please contact DeEtte Edens at [dedens@southplainscollege.edu](mailto:dedens@southplainscollege.edu) or 806-716-2376 prior to your return date**

#### ADVANCE FOOD PREP 2022

WEEK	DATE	DAY	COURSE DESCRIPTION
1	18-Jan	TUESDAY	SYLLABUS LECTURE/ SANITATION/PROFESSIONALISM MODERN AMERICAN RESTAURANT MENU/ <b>10 AM-SYSCO INDUSTRY VISIT</b>
	20-Jan	THURSDAY	
2	25-Jan	TUESDAY	MENU WRITING AND DESIGN PLATE PRESENTATION/ THEORY/ COURSES-CHAPTER 36
	27-Jan	THURSDAY	
3	1-Feb	TUESDAY	GARDE MANGER- CHARCUTERIE-chapter 28 -On cooking
	3-Feb	THURSDAY	
4	8-Feb	TUESDAY	hors d'oeuvres/ APPETIZERS-chapter 29 <b>SYSCO VISIT-IN HOUSE TOUR at Sysco warehouse 10 TO 11:30</b>
	10-Feb	THURSDAY	
5	15-Feb	TUESDAY	<b>BRUNCH /LUNCH</b> herbed grilled chicken crepes, grilled asparagus, wild mushroom cream avocado toast, adobo sauce, tomato jam and fried egg
	17-Feb	THURSDAY	
6	22-Feb	TUESDAY	croque madame with pomme frites eggs Florentine, duck confit hash and eggs
	24-Feb	THURSDAY	
7	1-Mar	TUESDAY	<b>SALADS</b> classic Caesar salad, grilled crostini
	3-Mar	THURSDAY	

8	8-Mar 10-Mar	TUESDAY THURSDAY	roasted beet, chevre cheese arugula, warm bacon vinaigrette grilled tuna niçoise Thai grilled chicken salad cobb salad
9	15-Mar 17-Mar	TUESDAY THURSDAY	<b>NO CLASS SPRING BREAK</b> <b>NO CLASS SPRING BREAK</b>
10	22-Mar 24-Mar	TUESDAY THURSDAY	<b>ENTREES</b> flat iron with coffee, pasilla chile broth, sweet potato tamale veal/chicken scaloppini marsala, herb potato wedges, baby carrots
11	29-Mar 31-Mar	TUESDAY THURSDAY	duo of beef tenderloin, crab cake, grilled asparagus, demi and bearnaise minute steak Dianne with pomme frites haricot vert
12	5-Apr 7-Apr	TUESDAY THURSDAY	blacken mahi, coconut rice pilaf, grilled peach salsa sole paupiette with mousseline of shrimp, mushroom ragout, parsley oil arctic char with orange beurre blanc, red rice pilaf
13	12-Apr 14-Apr	TUESDAY THURSDAY	osso Bucco, risotto Milanese, parsley gremolata rack of lamb, mint pesto, potato parsnip puree, sautéed spinach
14	19-Apr 21-Apr	TUESDAY THURSDAY	<b>BUFFET PRESENTATION- LECTURE -CHAPTER 37</b> MAKING BULK FOODS ELEGANT- ACTION STATIONS- CUSTOMER INTERACTION-BUFFET FLOW-STATIONS
15	26-Apr 28-Apr	TUESDAY THURSDAY	WHOLE ROASTED MEATS, FISH AND POULTRY/ CARVING STATION MIS EN PLACE FINAL BUFFET PROJECT-ROOM SET-MENU ETC
16	3-May 5-May	TUESDAY THURSDAY	<b>FINAL BUFFET PREP</b> <b>FINAL BUFFET PRESENTATION</b>
17	10-May	TUESDAY	CLEAN



12-  
May THURSDAY CLEAN

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